

British Judo National Conference for Coaches - 17th & 18th February 2018 – with Hiroshi Katanishi Sensei 8th DAN



Debbie & Keith attended this year's British Judo National Conference for Coaches held at the University of Wolverhampton. This was, without a doubt, the best Coaching Course we have attended for over twenty years. This was a 'back-to-basics' technical Master Class, excellently delivered and demonstrated by Katanishi Sensei. I'm pleased to say that what was shown to us this weekend only confirmed that the methods and techniques we use in our everyday judo classes are based on the same sound Kodokan principles that were shown to us by our Sensei all those years ago (Our Sensei being students of Kenshiro Abe San & Otani San). However, Katanishi Sensei shone a light on the why's & wherefores relating to movement patterns and how he applies these movements to specific Nagewaza. It was his amazing (and tireless) demonstrations and explanation that further enhanced our understanding and appreciation of his methodology (Light Bulb moments).





Debbie and Keith (photos below) with former Olympian; Yusuke Kanamaru - Head Coach for the Japanese Judo Team – for the 2020 Olympics to be held in Japan. Kanamaru San delivered an impromptu Katame-no-Waza demonstration (following on from Katanishi San) which Kanamaru San referred to as his “Around the World” Ne-waza sequence.

